

DAVID BROWER

*Alivefulness*TM



BESTSELLING AUTHOR
SPEAKER - COACH
The Sensorial Guy

DAVID BROWER

About David The Sensorial Guy



David Charles Brower spends his life searching for love and creating abundant sensorial experiences everywhere he goes, wherever and whomever he finds himself with.

As The Sensorial Guy, and inspired by his own romantic personality, he inspires others globally to connect to each other in meaningful ways, to find useful joy in the everyday, create moments of romance daily and find pleasure in the small details and nuances of life. To seek relentlessly to fuse pleasure with purpose, sometimes a tad mischievously too...

Always from his intensively creative perspective, David expresses his love for life through writing, poetry, dancing, creating delicious meals in his professional home kitchen, gathering and hosting people, and helping others transform from the stage as a storyteller.

His former work experience was in world class international entertainment and cinema for over 20 years, which has also shaped his love for the creative process and people, and their stories, laying the foundation for his next adventure in love: writing his first short story. *Dance of the Love Caterpillars* is a #1 bestselling romantic love story between two caterpillars that is aimed at romantics of all ages.

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His work for the larger part of the last decade has been in developing his Sensorial Intelligence™ programs, events and lifestyle, and have been catalysts for the creation of this heartening story, *Dance of the Love Caterpillars*. This storytelling gem is a universal romantic love story between two caterpillars, an inspiration to lovers and would-be romantics of all ages.

David, an American by birth, has chosen the city of love and pleasure, Paris, as his home for the last 30 years.

Alivefulness™
WITH DAVID BROWER

Alivefulness™ is next generation mindfulness. It's the "how to" real-world application of SED, the vibrant and fluid integration of our empowered heart and courage to progress towards the life (a.k.a. outcomes) we most desire. And not damaging along the way what matters most to us.

For when we choose to allow ourselves to open up to our lesser known alive core, the fluid power of our emotional energy amplifies our human capacity to love the life we lead cause we are living in active Alivefulness™. And we continue to learn and grow.

Feel ALIVE.
Connect DEEPLY.
Enjoy LIFE.
Share GENEROUSLY.

DAVID BROWER

Work with David

Speaking,

Coaching, Events & Retreats



Suggested Topics For Discussion

Loving Life / Sensorial Intelligence / Sensorial Living / Savoring / Appreciation / Abundance / Resilience

Sensorial Intelligence

What Sensorial Intelligence is and how it can be applied to our lives.

The Transformation Process

The transformation process I teach my clients so they "love life, and so theirs", to live with and from more of a sense of abundance, savoring, and appreciation in life, and to choose to live with the highest self-standards, with clear values, and making life more playful and fun.

The #1 Bestselling Book

Dance of the Love Caterpillars: An Inspirational Romantic Tale of the Adventure of Loving and Trusting life

DAVID BROWER

Suggested Questions

- We hear a lot about savoring and appreciating life but how and why could one get better at that? What does it mean to you to “love life” and to “trust life”, cause that sounds a bit clichéd today. What’s the value of that?
- Does trauma or loss have to enter your life to truly make the decision to change one’s daily way of being and doing enduringly? How can someone perhaps jaded, bored with their life bring new energy, hope, savoring and appreciation into it daily, to live from a feeling of abundance, variety while stability too? How can we have it all?!
- You talk about getting the best of both worlds, pleasure and purpose, by fusing them together as much as possible in everyday life, could you give us some examples of that?
- You are a so-called “superconnector”, and you talk about connecting vs networking, could you elaborate on that for us? You have also coined the term “Sensorial Intelligence”, what does that mean?
- You are a life coach, speaker, live bespoke “sensorial” event creator and curator, poet and writer, *entertainer* of sorts, but what exactly do you do for people to transform their lives meaningfully, pleasurable while purposely?
- You talk about using our senses to savor and appreciate life to the fullest, in every moment and situation of our lives. Isn’t that a bit hedonic and selfish, and can lead to excess and distraction, abuse, and addiction if we are too focused on achieving pleasure everywhere in our lives?
- It seems you consider yourself to be an amazing cook and host, how can you be sure?! How did you learn to cook so well, and host famously? Sounds like this has been a key part of your Sensorial Experience Day live events, could you tell us more about that? What has cooking brought to your life? What has it taught you?

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- You lost your romantic love of 27 years, how did you overcome that, to be open to romantically love again with an open courageous hopeful heart? That takes a lot of resilience, to heal, and to start again, could you share with us on this?
- You have lived in Paris for 30 years, and before that in Los Angeles, only 0.03% of Americans live in Paris for real! What has living there taught you about the diversity, fusion, nuances, differences, and excellence of pleasure, beauty and sensuousness to live a meaningful successful life, as you define it?
- You wrote a fiction short story book about the art of loving all of life called *Dance of the Love Caterpillars*, could you tell us more about that? Why did you write a fiction book about romance and who would read this? What would you like the takeaway for people to be from reading/seeing/experiencing “Dance of the Love Caterpillars”, what would you like them to do?
- From reading your story, David, I sensed a message of hope. Could you discuss your notions of hope and how it can influence our lives? How are hopes different than dreams? Do both have value? Do both have pitfalls?
- Sometimes, life gets so busy and romance can be the first thing that falls off the priority list. What do you recommend for keeping it front and center of your life? How do you define romance? What are the stages of romance, over the course of a relationship, and how do they differ, what do they feel and look like? Are you in a romantic love relationship today?
- What is your favorite quote and how does it speak to your journey?



Speaker Inquiry
www.DavidCharles.com

AS SEEN ON



DANCE OF THE LOVE CATERPILLARS

About the Book

Deciding we will share what we can, in the time at hand, without some visionary butterfly plan.

Dance of the Love Caterpillars is a #1 bestselling romantic tale of two Monarch Butterflies that serendipitously meet and fall in love. While sharing a love flower for lunch, they journey through and experience vulnerability, hope, and comfort that emerge from their relationship.

Savoring the ephemeral present moment and trusting life, as their daring transformation fast approaches, they decide and learn how to make the most out of their time together.

A timeless short love story for romantics of all ages!



Take A Peek At The Book
www.DavidCharles/Book.com

DANCE OF THE LOVE CATERPILLARS

“ Praise

A surprising sweet story about love...

This is a refreshing story about love, and all the trials and challenges that arise when following the heart, only told through the eyes of two caterpillars. It takes us through their transformation along with the vulnerability that comes with surrendering to love. It left a sweet and lasting impression and gave me much to contemplate.

~ Sonia Choquette

New York Times bestselling author, *The Answer is Simple* and *Ask Your Guides*

A love story with profound questions, about love, and also life itself...

*Is there love here? Is it safe? Should I try to make sense of it or just savor the moment, trusting that life will show me the way? I found *The Dance of the Love Caterpillars* to be a universal romantic love story that has us posing ourselves profound questions, about love yes, and also about life itself. Can I open my heart to love, even without certainty? Can I savor the pleasure, even if things are uncertain? These profound takeaways can be applied to all of one's life: Trust Life. Believe in love. Open yourself to what wants to be. Savor life with glee and lightness. Beautifully written and illustrated. A lovely gift.*

~ Fabienne Fredrickson

Author, *The Leveraged Business*, *Gain Their Life Back* and *Embrace Your Magnificence*

Invigorating...

*Two caterpillars fall in love and learn to trust the adventure of life, wherever it may lead them. *Dance of the Love Caterpillars* is a quick and invigorating read about love and living in the now.*

~ Sheri Fink

#1 bestselling author, *InstaGrateful* and award-winning entrepreneur

DANCE OF THE LOVE CATERPILLARS

An enchanting story by an enchanting author...

The Dance of the Love Caterpillars is a beautiful and enchanting story written by a beautiful soul. David truly loves to love and this story is a wonderful inspiration of possibility. My wish is that every child, every man and every woman reads this amazing story... and inspired to bring even more love into their lives! Thank you David for sharing such radiance with the world!

~ Clayton John Ainger

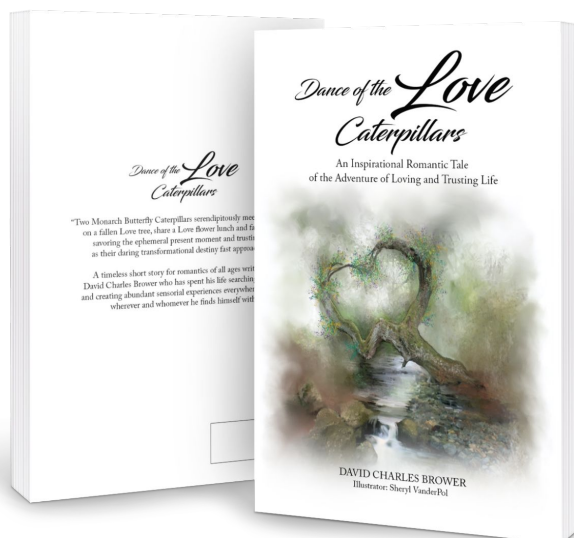
Multi-award winning author, internationally renowned psychic medium, spiritual guide and mentor

The fragile beauty of life and the enduring power of romantic love...

"In his winsome allegory about two caterpillars from opposite sides of the river, David Charles Brower measures the fleeting beauty of life against the enduring power of romantic love. Between the lyrical lines and rhymes of this feel-good fairytale about lovestruck larvae is a deeply personal, courageous and inspiring work. By the conclusion of the lovers' poem duet, I felt all the magic of a warm hug. David the romantic has an extraordinary gift to share, as you now do, with "Dance of the Love Caterpillars"!"

~ Daniel Young

Pop-up pioneer of Young and Foodish, author, *Where To Eat Pizza, The Bistros, Brasseries and Wine Bars of Paris, Coffee Love, Made in Marseille and The Paris Café Cookbook*



DANCE OF THE LOVE CATERPILLARS

TITLE: Dance of the Love Caterpillars

SUBTITLE: An Inspirational Romantic Tale of the Adventure of Loving and Trusting Life

AUTHOR: David Charles Brower

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